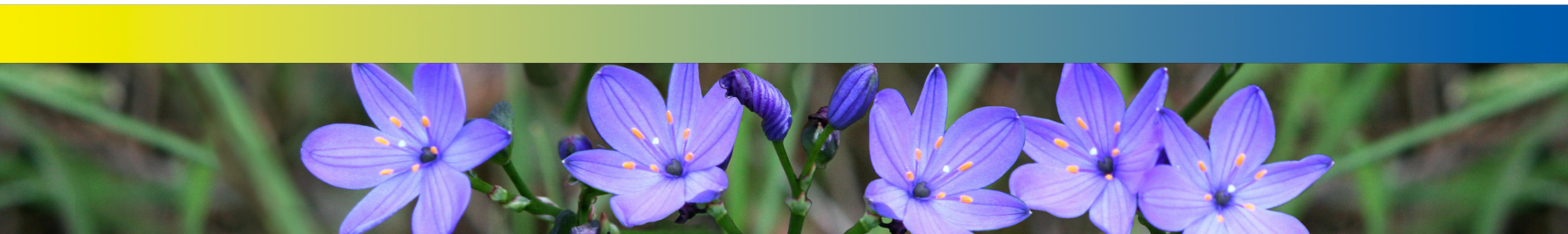




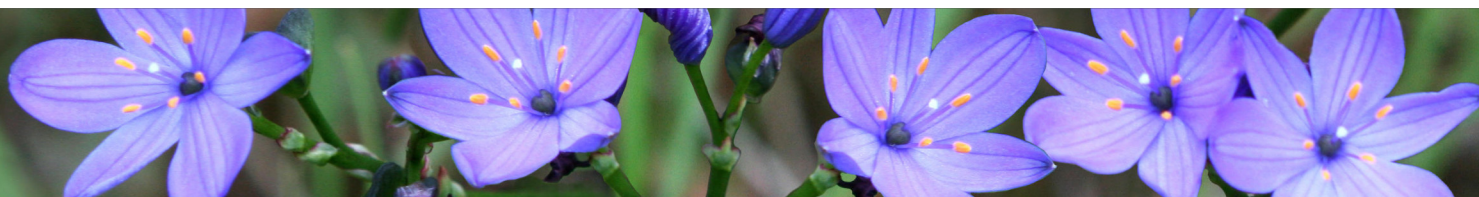
# Public Health & Wellbeing Plan

2022-2026



# Contents

Acknowledgement of Country	3
Introduction	3
Plan Implementation	4
Our Current Health Role	5
Snapshot of the health of people living in the Wheatbelt Region	6
Key results from the Shire of Corrigin Public Health and Wellbeing Survey	7
Adding the Public Health Vision into the Strategic Community Plan	8
The Strategic Community Plan	9
Community & Public Health Outcomes	10
Conclusion	12
The Way Forward	13



# Acknowledgement of Country

The Shire of Corrigin acknowledges the Noongar People - the Traditional Owners of the Country within the Shire's boundaries

## Introduction

We are pleased to present the Shire of Corrigin's Public Health Plan, which will provide direction for the next 4 years. The public Health Plan will sit alongside the Shire's Strategic Community Plan and is designed to provide direction on public health, healthy lifestyles and recreation for members of our community.

Each local government in Western Australia is required by the Public Health Act 2016, to enhance the health, wellbeing and safety of its community and align with the State Public Health Plan for Western Australia 2019-2024. By incorporating the outcomes and strategies of the Public Health Plan into Council's Strategic Community Plan, the Public Health Plan will remain relevant to the community needs and keep up with the changing demographics of our local community.

Shire officers have assisted in the development of this plan to ensure it reflects the needs of the community. Participants of the Health and Wellbeing Survey helped shape the direction of the Public Health Plan and tailor it to the needs of the people of Corrigin.

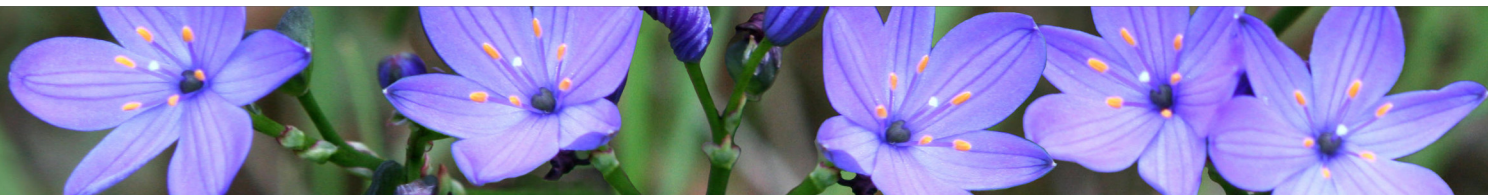
It is our goal, as a Council, to implement this plan in collaboration with key stakeholders to improve health outcomes for all residents in our Shire.

**Cr Des Hickey**

**Shire President**  
October 2022

**Natalie Manton**

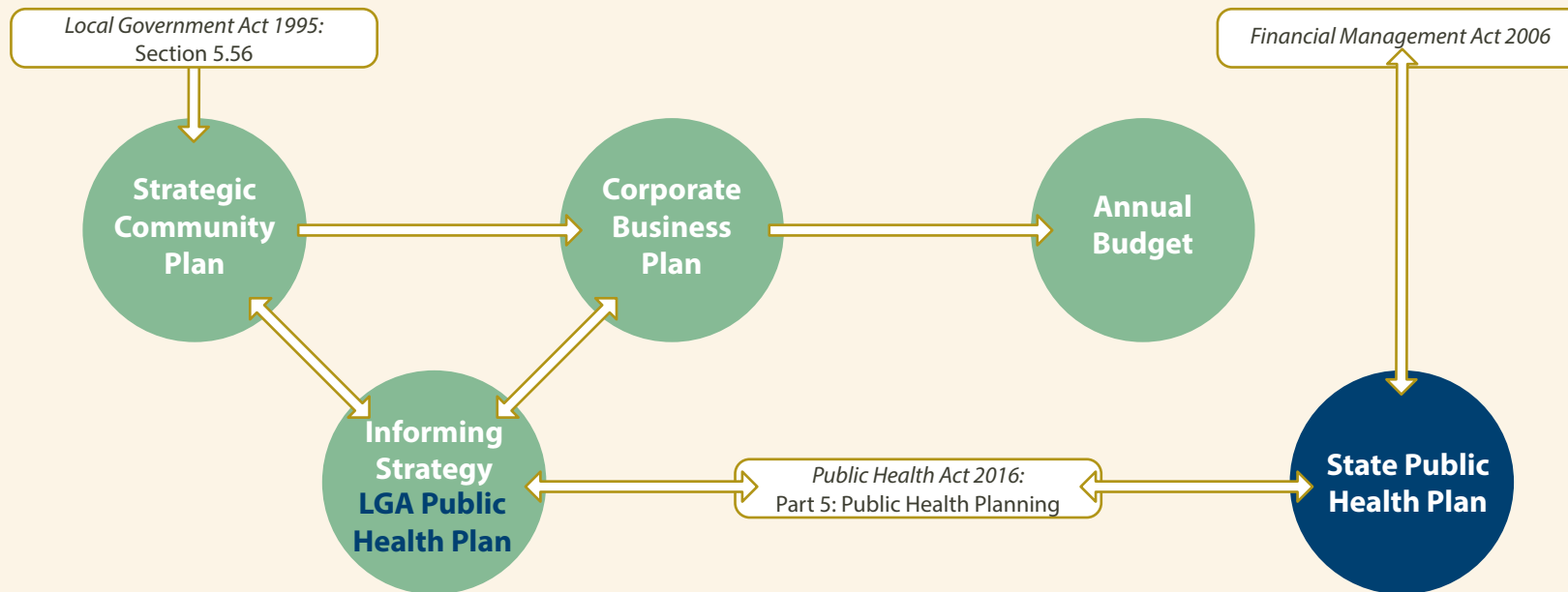
**Chief Executive Officer**  
October 2022



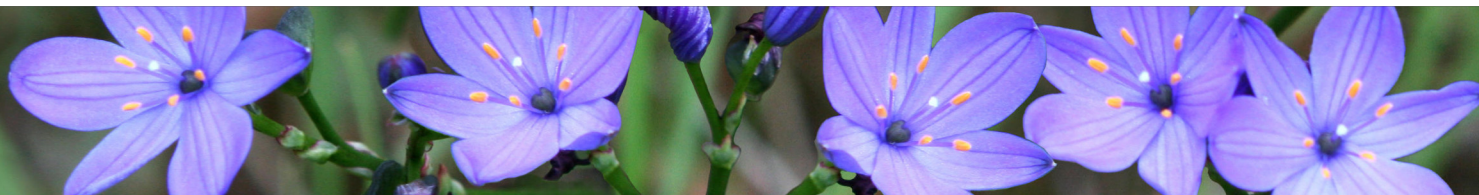
# Plan Implementation

The State Public Health Plan is a stand-alone plan. Each Local Government Authority is required to create its own Public Health Plan, which in turn is to be incorporated into the Council's Strategic Community Plan. The Strategic Community Plan connects with Council's Business Plan which is funded by each Local Government Authority through its revenue stream. Each Local Government is then required to prepare and adopt a Local Government Public Health Plan.

The diagram below provides a pictorial representation of how this is to be achieved.



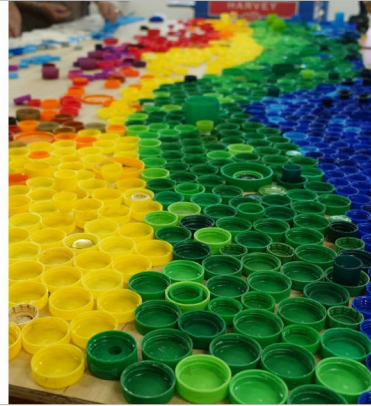
Linkages between Part 5: Public Health Planning of the *Public Health Act 2016* and Local Government Planning for the future requirements under section 5.56 of the *Local Government Act 1995*





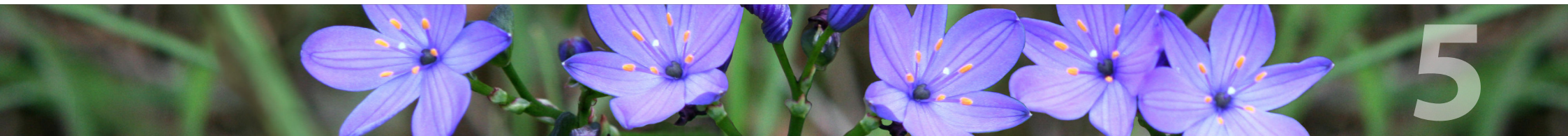
# Our Current Health Role

The Shire of Corrigin provides a range of funding to support the health of our community

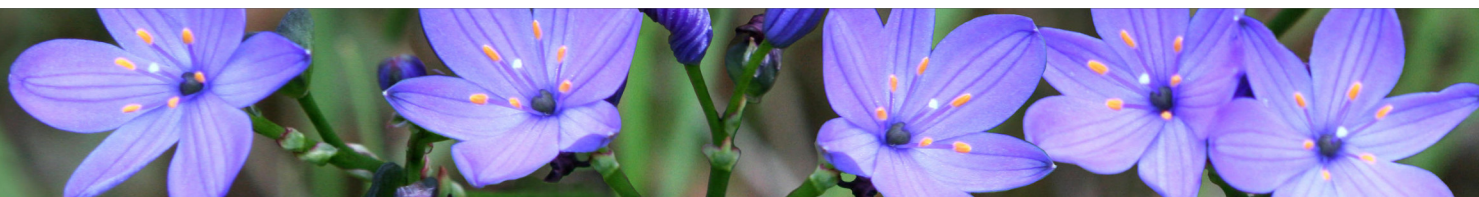
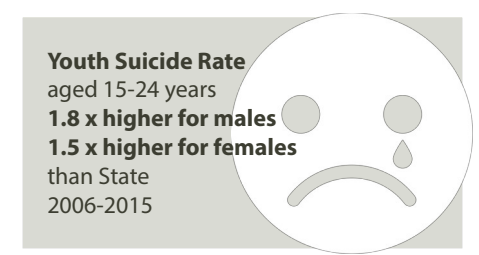
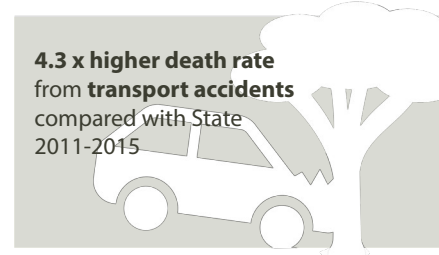
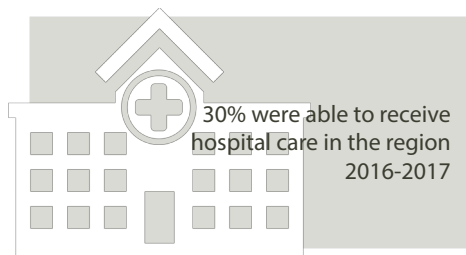
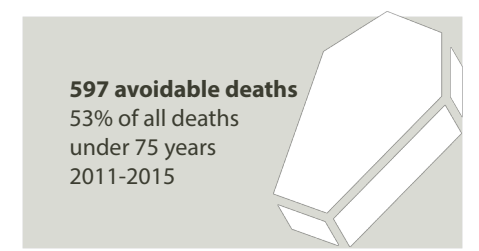
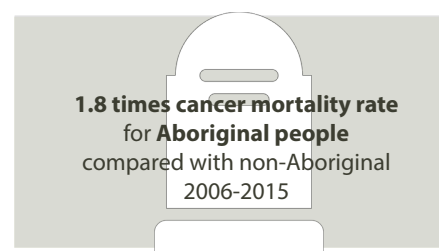
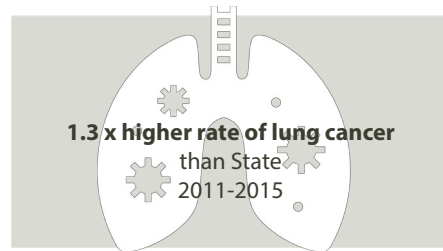
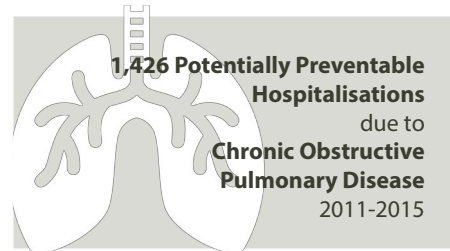
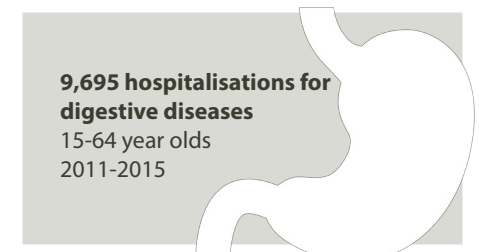
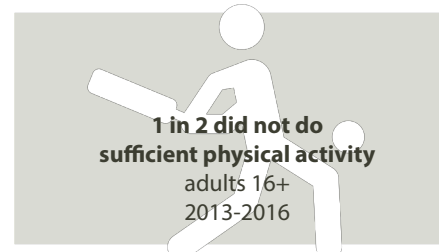
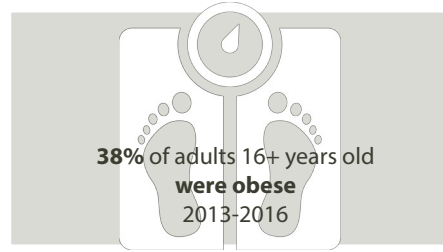
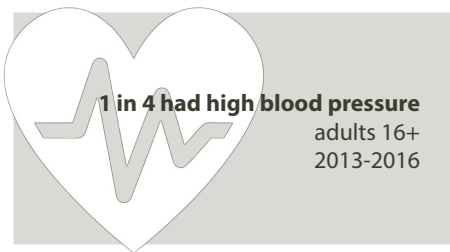
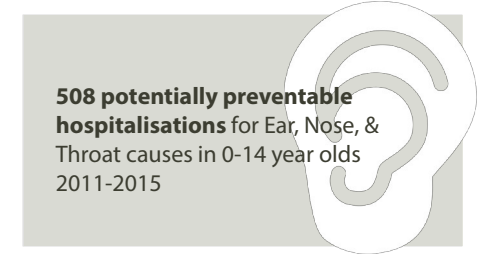
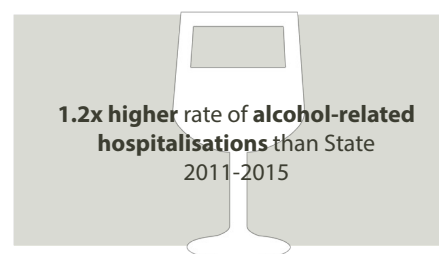
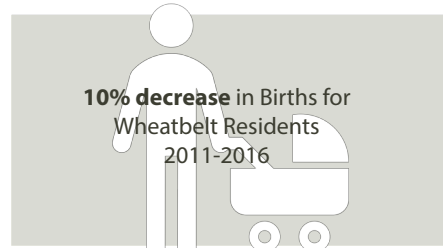
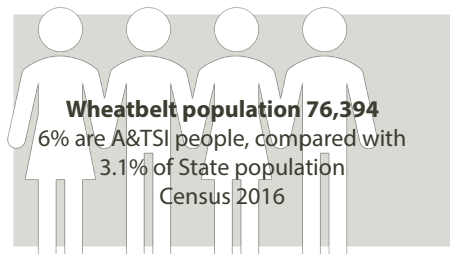


These are explained in more detail in the core business described here:

- Infrastructure and property services, including provision of local roads, footpaths, drainage, waste collection and management, and standpipes and recycled waste water system.
- Environmental Health Services to prevent and control environmental health hazards, emissions and communicable diseases (i.e., tobacco control, water and food safety, noise and air pollution and animal & mosquito control).
- Community Services, such as the community resource centre and facilities for medical, dental and allied health services.
- Cultural facilities, such as the library, town halls and places of historical significance.
- Provision of recreation facilities, such as parks, sports fields, golf courses, swimming pools, recreation centres, and tennis and bowling clubs.
- Building services, planning and development control, including inspections, licensing, certification and enforcement.
- Administration of facilities, such as the airstrip, cemetery, street parking, and solid and liquid waste disposal sites.
- Local Government Health Law Enforcement, Ranger and Emergency Services.



# Snapshot of the health of people living in the Wheatbelt Region





# Key results from the Shire of Corrigin Health and Wellbeing Survey

## THE RESIDENTS OF CORRIGIN SPEAK

### AS THINGS ARE NOW

The two most serious health risks in our community are:

- Too much alcohol
- Using illegal drugs

The top three most serious mental & social health issues in our community are:

- Stress
- Depression
- Anxiety

Our top three volunteering activities are:

- Community groups/services
- Sporting
- Public events

The sport & recreation facilities we use the most are:

- Corrigin Recreation Centre
- Swimming Pool
- Sporting Oval

What we like best about living in the Shire of Corrigin

excellent facilities open spaces  
safe, caring town friendly people  
peace and quiet relaxed vibe  
community spirit we all band together when things get tough

### CHANGE FOR THE FUTURE

Our top four programs to improve the health of our community:

- Routine screening for health issues eg cervical & prostate cancers
- Programs for seniors/aged care
- Community events for residents
- Programs for children

Our top three facilities or resources for good community health are:

- Safe Roads
- Parks & public open spaces
- Disability access to buildings & recreation

Our top three programs to help us be more physically active are:

- Exercise/play equipment in parks that cater for various age groups
- Public exercise equipment that is free to use
- More hikes, walks, cycle paths & maps

Our top three priorities to encourage the eating of healthy food:

- Healthy food options at sporting & community & events
- More healthy food options in takeaway/fast food outlets
- If I knew more about quick ways to prepare healthy meals

I am proud of the community where I live (79%)

I feel like my life has a sense of purpose (70%)

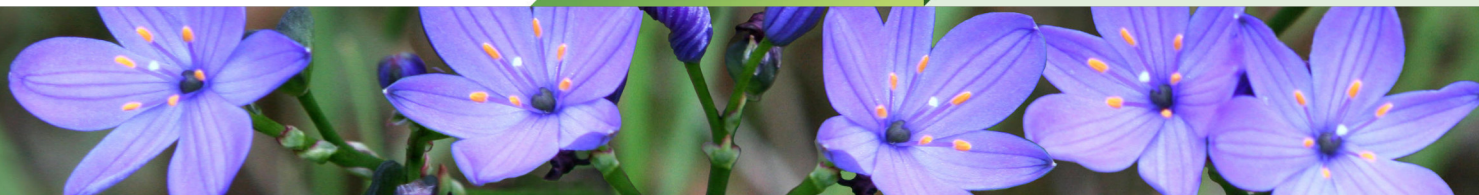
There is strong community spirit in our Shire (74%)

I know where to get help when I need it (79%)

I feel like I belong in my local community (74%)

I feel the Shire cares about our welfare (55%)

I enjoy interacting with my neighbours (79%)



# Integrating the Public Health and Wellbeing Plan into the Strategic Community Plan

Our Strategic Community Plan has 4 themes:

- **ECONOMIC:**

A strong, diverse economy supporting agriculture, local business and attracting new industry

- **ENVIRONMENT:**

An attractive natural and built environment for the benefit of current and future generations

- **SOCIAL:**

An effectively serviced, inclusive and resilient community

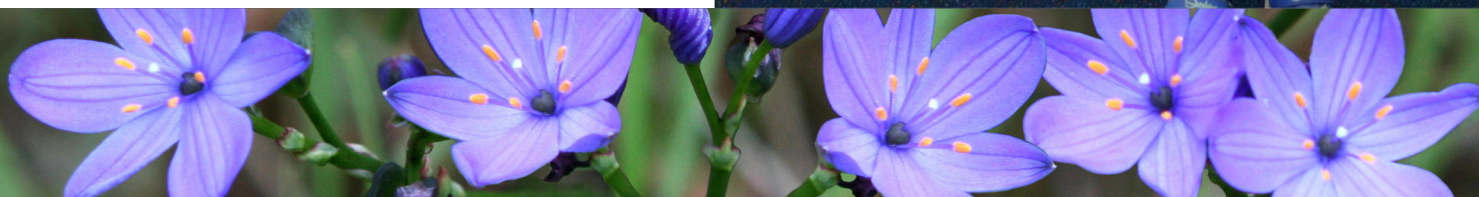
- **LEADERSHIP:**

Strong governance and leadership

And introducing a new theme:

- **HEALTH AND WELLBEING:**

Provide environmental health protection to reduce risks to community health





# The Strategic Community Plan

1. ECONOMIC	2. SOCIAL	3. LEADERSHIP	4. ENVIRONMENT	5. HEALTH & WELLBEING
1.1 A well planned and connected transport and communications network within the district	2.1 A natural environment for the benefit and enjoyment of current and future generations	3.1 An inclusive, welcoming and active community	4.1 A strategically focussed, dynamic Council serving the community	5.1 Support health and wellbeing initiatives to improve community health outcomes
1.2 Adequate land availability for development	2.2 A well-managed built environment	3.2 A community for all ages	4.2 An effective and efficient organisation	5.2 Education to reduce the unsafe level of consumption of alcohol and other drugs in the community
1.3 Well supported diverse industry and business				5.3 Preventing higher weight by increasing affordable food and lifestyle options
				5.4 Continue to provide environmental health protection of health risks





# Community and Public Health Outcomes

A Healthy and Sustainable Community	Minimising Harm	Active and Healthy Lifestyles	A Safe Environment
Monitor public health indicators and encourage other government agency initiatives	Education to reduce the consumption of alcohol, tobacco and other drugs in the community	Encourage active participation in recreational activities to maintain healthy weight and fitness	Monitor public health indicators and encourage other government intervention
Encourage regular screening services for early intervention of key health issues such as cervical, skin and breast cancer	The incidence and community spread of infectious disease is minimised through education, vaccination, food surveillance and vector control	Participation in healthy eating campaigns by raising awareness of the benefits of healthy eating, e.g. Livelighter	Food and other health premises are provided with education materials and surveillance based on risk to maintain safe standards and protect the community
Maintaining a safe road network to reduce transport death and injury	Encouraging more smoke free places in the community	Encouraging better mental health outcomes for 25 – 44 years old males	Monitor potable & recreation waters, food preparation and maintain a safe standard of public health









# Conclusion

This Plan was developed over a 2 year duration in consultation with elected members and the local community. This is the first public health plan of many to follow that will require Council to consider the needs of the community when planning for better public health outcomes.

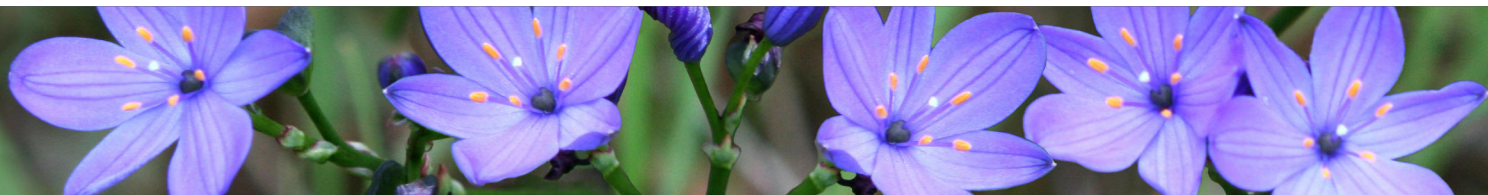
While public health is the responsibility of all persons in the community, this plan focusses on the need to address present shortcomings to improve the health of every person. Improving the health of individuals through exercise and nutrition were identified as key messages, and attention to mental health, the prevention of transport accidents, and increased screening for cancer-related illnesses will be beneficial in the longer term.

The Council will need to provide leadership to improve public health outcomes by:

- Leading the community by advocacy to provide better public health planning,
- Having a whole of Council approach,
- Encouraging partnerships with Government and other agencies for health planning, and
- Elected members encouraging and mentoring to promote healthy lifestyles.

The Plan was developed by including:

- Extensive analysis of health data (a well-developed Health Profile Report)
- Participation in an electronic Health and Wellbeing Survey, and
- Consultation with elected members and senior officers.





# The Way Forward

The strategies contained in the Shire of Corrigin's Public Health Plan are intended to mirror work already underway. The Shire of Corrigin is well appreciated by the community for providing excellent facilities and open spaces in a safe, caring town with friendly people. This connection with community was recognised through encouraging comments drawn from the Public Health & Wellbeing Survey.

The Shire of Corrigin may give consideration to liaising with the Wheatbelt Population Health Unit Health Promotion Officer in conjunction with neighbouring shires to review the supporting information in the Health Profile Report and the Public Health & Wellbeing Survey, and to work with government and funding agencies to raise awareness of the need for healthy lifestyles.

The Plan requires Council to ensure that its citizens are afforded protection from disease, minimise harm, promote active healthy lifestyles sustainably and the provide a safe environment by reducing risks to public health. This Plan is the first of many public health plans that will provide a direct focus on supporting better health outcomes of constituents living in the Shire of Corrigin.

Information used in the research phase of this plan was principally drawn from ABS Census material, SEIFA Index, AEDC (Education) data, Health Department hospital admissions data (2018 – 2020), and the Shire of Corrigin Community Survey.

